



Trans-Alpine Crossing

The route from Tegernsee via Achensee and the Zillertal to Sterzing / Meran & Cortina runs on **easy to moderately difficult paths** through spectacular and varied landscapes. Accommodation will be provided in the villages along the route. **Inns, guesthouses or hotels** of all categories allow for a **restful sleep** so that you can fully enjoy the next day. One week of hiking, from traditional Bavarian culture to Tirolean hospitality and South Tirolean wine awaits. Traversing the Alps – a memorable experience that lasts a lifetime.

Six routes in our region:

- **Fügen to Sterzing**
- **Tegernsee to Sterzing**
- **Spitzingsee to Sterzing**
- **Fügen to Meran**
- **Tegernsee to Meran**
- **Munich to Cortina**

Alpine traverse through the Zillertal - The stages in Fügen-Kaltenbach

From Achensee to Fügen

This stage takes the hiker by bus/Zillertalbahn from Maurach am Achensee to Fügen.

Distance 14 km | Altitude upwards: 120 m | Elevation meter downwards 100 m | Walking time 4.0 h

From Fügen to Hochfügen

From Fügen we take the Spieljochbahn up the mountain.

Once at the top, you hike along a wonderful path to the Loassattel and on to Hochfügen, the next stage stop.

Distance 14 km | Altitude upwards: 350 m | Elevation meter downwards 740 m | Walking time 5.0 h

From Hochfügen to Mayrhofen

This stage starts in Hochfügen and leads over the Sidanjoche and the nearby Rastkogelhütte to the Melchboden on the Zillertaler Höhenstraße. Then you take the bus back into the valley to the next stop in Mayrhofen

Distance 11 km | Altitude upwards: 840 m | Elevation meter downwards 300 m | Walking time 4.5 h

